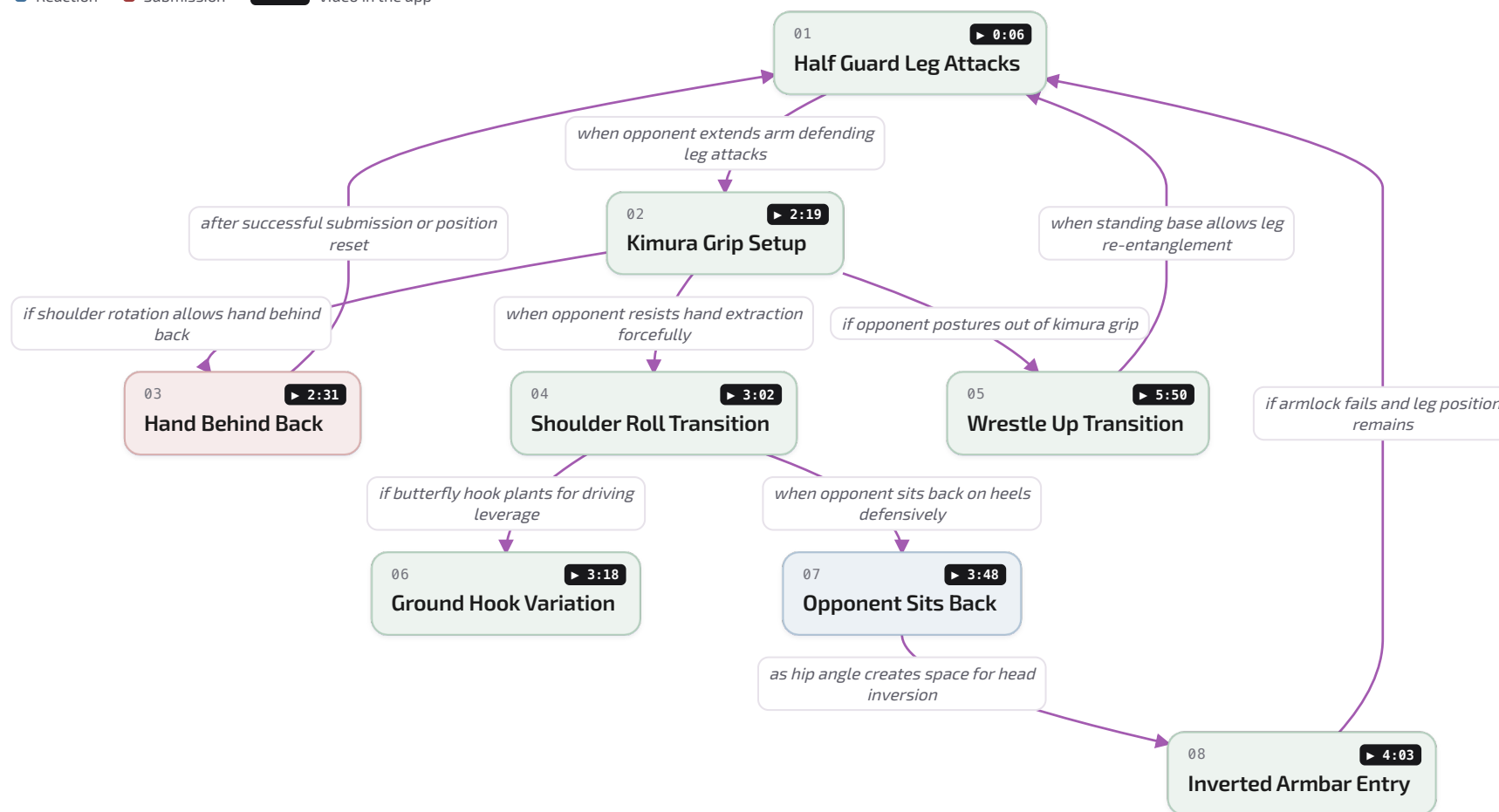


• HALF GUARD • 8 POSITIONS

Half guard kimura attacks. Every reaction, mapped.

Kimura attacks from bottom half guard for when your partner defends the leg attacks.

■ Action
 ■ Reaction
 ■ Submission
 ▶ 1:48 Video in the app



On paper, the map. In the app, the whole lesson.

Every ▶ step opens its video at the right moment, with the full notes behind every box. Free to open, no account needed.



SCAN FOR THE LIVE VERSION
GRAPPLEFLOWS.COM

Study notes: Half guard kimura attacks

Numbers match the chart. Arrows list each branch and the reaction that triggers it. ▶ marks a step with video in the live version: grappleflows.com/v/half-guard-kimura-attack-system-90ba3cb0z

01 ■ Half Guard Leg Attacks ▶ 0:06

- Initial leg entanglement threats from half guard to draw arm extensions.
- Butterfly hook elevation creates upper body space
- Secondary leg drapes over opponent's back
- When opponent extends arm defending leg attacks: **Kimura Grip Setup** 02

02 ■ Kimura Grip Setup ▶ 2:19

- Catching extended arm with figure-four grip configuration.
- Wrist control with opposite hand
- Figure-four lock around elbow joint
- If shoulder rotation allows hand behind back: **Hand Behind Back** 03
- When opponent resists hand extraction forcefully: **Shoulder Roll Transition** 04
- If opponent postures out of kimura grip: **Wrestle Up Transition** 05

03 ■ Hand Behind Back ▶ 2:31

- Ideal kimura finish position forcing forward roll.
- Shoulder rotation isolates arm behind back
- Chest pressure maintains control during rotation
- After successful submission or position reset: **Half Guard Leg Attacks** 01

04 ■ Shoulder Roll Transition ▶ 3:02

- Rolling opponent over shoulder when hand extraction fails.
- Butterfly hook drives upward momentum
- Head tucks under opponent's armpit
- If butterfly hook plants for driving leverage: **Ground Hook Variation** 06
- When opponent sits back on heels defensively: **Opponent Sits Back** 07

05 ■ Wrestle Up Transition ▶ 5:50

- Standing up when kimura defense creates space.
- Underhook secures upper body control
- Hip heist creates standing base
- When standing base allows leg re-entanglement: **Half Guard Leg Attacks** 01

06 ■ Ground Hook Variation ▶ 3:18

- Butterfly hook planted for drive leg stability.
- Foot posts on mat for base
- Hip elevation maintained through leg drive

07 ■ Opponent Sits Back ▶ 3:48

- Defensive posture creating space for inversion.
- Heels dig into mat for base
- Hip angle creates head space
- As hip angle creates space for head inversion: **Inverted Armbar Entry** 08

08 ■ Inverted Armbar Entry ▶ 4:03

- Head inversion under arm creates armlock opportunities.
- Head slides under trapped armpit
- Hips elevate to control arm angle
- If armlock fails and leg position remains: **Half Guard Leg Attacks** 01

ALSO IN THIS SYSTEM

Kimura Prevention Head

- Head positioning to defend against kimura attacks.
- Head stays on same side as arm
- Shoulder pressure blocks grip entry

Palm Up Defense

- Hand orientation preventing kimura grip establishment.
- Palm faces ceiling during reaching
- Wrist rotation eliminates grip angle