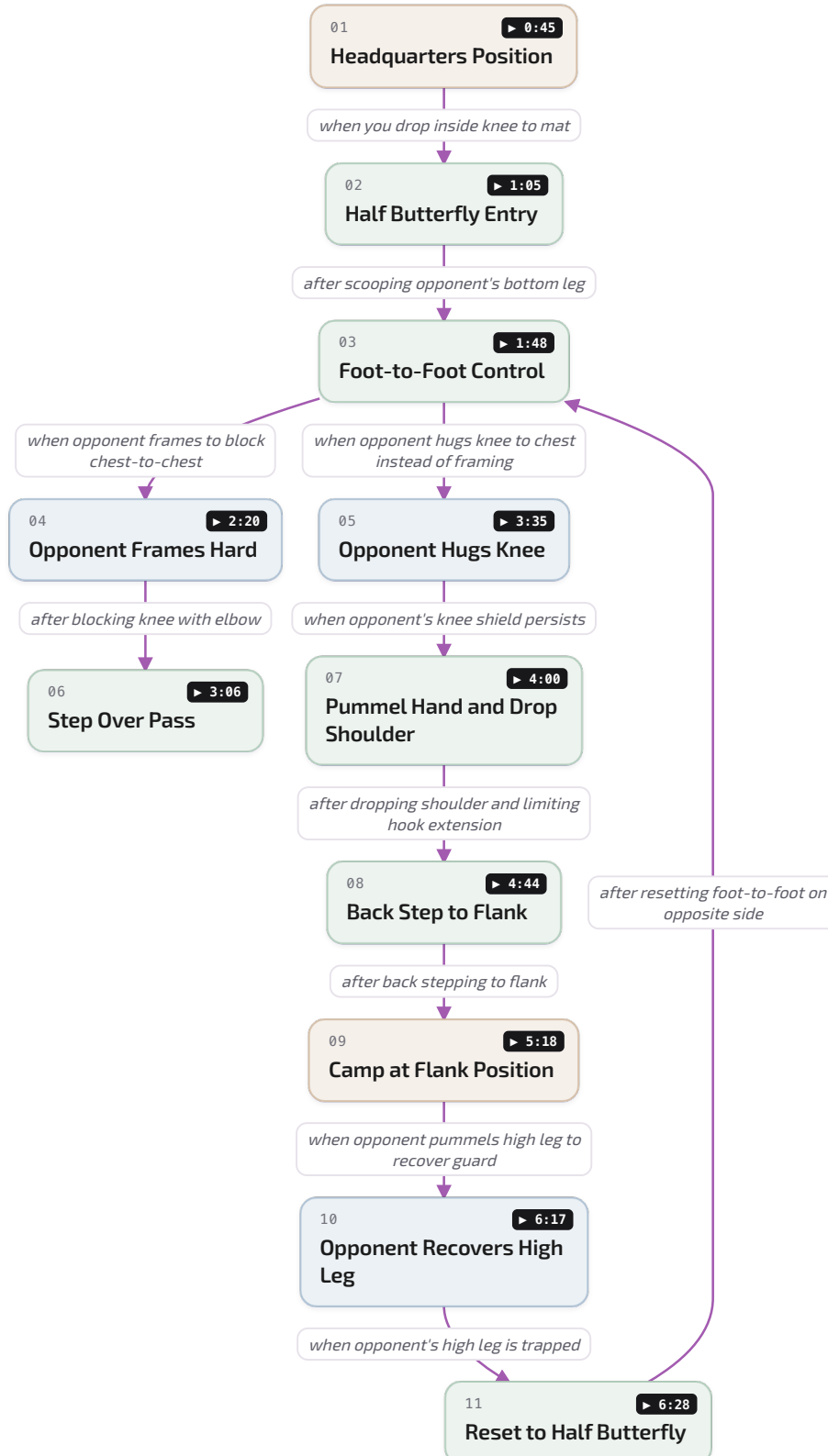


• GUARD PASSING • 11 POSITIONS

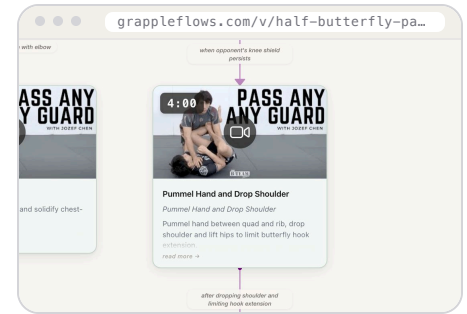
Half butterfly passing. Every reaction, mapped.

A system for switching between half butterfly outside passing and flank passing based on opponent reactions.



Position Action Reaction

1:48 Video in the app



On paper, the map.
In the app, the whole lesson.

Every step opens its video at the right moment, with the full notes behind every box. Free to open, no account needed.



SCAN FOR THE LIVE VERSION
GRAPPLEFLOWS.COM

Study notes: Half butterfly passing

Numbers match the chart. Arrows list each branch and the reaction that triggers it. ▶ marks a step with video in the live version: grappleflows.com/v/half-butterfly-passing-interplay-0191bf6dz

01 ■ Headquarters Position ▶ 0:45

- Starting position with one knee up and one knee down, controlling opponent's hips.
- Inside knee up to block opponent's hip
- Outside foot on mat for base
- Hands control opponent's collar and pants

→ When you drop inside knee to mat: **Half Butterfly Entry** 02

02 ■ Half Butterfly Entry ▶ 1:05

- Drop inside knee and pummel foot outside to trap opponent's bottom leg.
- Drop inside knee to mat
- Pummel foot to outside of opponent's leg
- Scoop up opponent's bottom leg with foot

→ After scooping opponent's bottom leg: **Foot-to-Foot Control** 03

03 ■ Foot-to-Foot Control ▶ 1:48

- Establish foot-to-foot connection and knee into opponent's hip to limit movement.
- Foot-to-foot contact with opponent's bottom leg
- Knee pressed into opponent's hip
- Elbow inside opponent's knee to block knee-to-chest

→ When opponent frames to block chest-to-chest: **Opponent Frames Hard** 04

→ When opponent hugs knee to chest instead of framing: **Opponent Hugs Knee** 05

04 ■ Opponent Frames Hard ▶ 2:20

- Opponent extends arms to frame, compromising knee-elbow connection.
- Post hand out at an angle for base
- Right elbow on top of opponent's quad to block knee
- Step over leg when knee is blocked

→ After blocking knee with elbow: **Step Over Pass** 06

05 ■ Opponent Hugs Knee ▶ 3:35

- Opponent hugs knee to chest, preventing chest-to-chest and creating a knee shield.
- Knee remains between you and opponent
- Opponent's butterfly hook may extend

→ When opponent's knee shield persists: **Pummel Hand and Drop Shoulder** 07

06 ■ Step Over Pass ▶ 3:06

- Step over opponent's leg and solidify chest-to-chest position.
- Step over leg while controlling knee
- Drop hips to flatten opponent
- Keep weight on opponent's chest

07 ■ Pummel Hand and Drop Shoulder ▶ 4:00

- Pummel hand between quad and rib, drop shoulder and lift hips to limit butterfly hook extension.
- Pummel hand between opponent's quad and rib
- Drop shoulder below opponent's knee
- Lift hips to drive shoulder into opponent

→ After dropping shoulder and limiting hook extension: **Back Step to Flank** 08

08 ■ Back Step to Flank ▶ 4:44

- Back step to cut angle and flank opponent, ending outside their knee.
- Back step with outside leg
- Cut angle to opponent's side
- Land with chest facing opponent's hip

→ After back stepping to flank: **Camp at Flank Position** 09

09 ■ Camp at Flank Position ▶ 5:18

- Maintain flank position to fatigue opponent, preventing guard recovery.
- Keep weight on opponent's hip
- Block opponent's knee from coming in
- Stay mobile to follow opponent's movement

→ When opponent pummels high leg to recover guard: **Opponent Recovers High Leg** 10

10 ■ Opponent Recovers High Leg ▶ 6:17

- Opponent pummels a high leg (lasso) to recover guard.
- Opponent's leg hooks over your arm or shoulder
- Opponent creates distance to re-guard

→ When opponent's high leg is trapped: **Reset to Half Butterfly** 11

11 ■ Reset to Half Butterfly ▶ 6:28

- Drop opponent onto near side hip and feed back into half butterfly on opposite side.
- Drop opponent to near side hip
- Pummel foot to trap opponent's bottom leg
- Re-establish foot-to-foot control

→ After resetting foot-to-foot on opposite side: **Foot-to-Foot Control** 03